



Care Services Overview

Comfort Keepers offers flexible, personalized care options to support seniors at home. Whether you need help with daily activities, home maintenance, managing appointments, or complex health care coordination, we have a plan to meet your needs.

Service packages start at **just \$189 per month**, making in-home support more accessible for families.

FOUNDATIONAL CARE

Foundational Care is part of your standard Comfort Keepers agreement and personalized Plan of Care. Your caregiver provides these services, with support from a Staffing Coordinator to keep everything on track.

Have questions? Your Client Care or Staffing Coordinator is just a call away — we're here for you!

COORDINATED CARE

Coordinated Care offers added support for seniors and their families. Each package is tailored to the level of help needed — from managing appointments and arranging home repairs to ordering groceries.

It's all part of helping you age in place with ease and peace of mind.

NURSING SUPPORT

Nursing Support is available when health needs become more complex. Our nurses help families understand care recommendations, safely support their loved ones at home, and even attend care conferences to advocate on your behalf.

We're here to make the medical side of aging a little easier — every step of the way.

Package Features	Foundational Care	Coordinated Care	RN Care
Companionship	✓	✓	✓
Light Housekeeping	✓	✓	✓
Meal Preparation	✓	✓	✓
Errands / Transportation	✓	✓	✓
Mobility Support	✓	✓	✓
Personal Cares	✓	✓	✓
Medication Reminders	✓	✓	✓
Home Maintenance	-	✓	-
Grocery Services	-	✓	-
Vehicle Maintenance	-	✓	-
Medical Appointments	-	✓	-
Dental Appointments	-	✓	-
Technical Services	-	✓	-
Transportation Services	-	✓	-
Legal Services	-	✓	-
Financial Services	-	✓	-
Family Consultation/Training	-	-	✓
Nutritional Consultations	-	-	✓
Physical Therapy Support	-	-	✓

Additional Services for a Safer, Easier Life at Home



HOME MAINTENANCE

Keeping a senior's home safe and comfortable can be a big task — especially for busy families. That's why we partner with TruBlue, a trusted company that shares our passion for helping seniors age in place. Included in your monthly fee, they handle routine maintenance and keep a watchful eye on the home, helping to prevent issues before they arise.



GROCERY SERVICES

Nutritious food is essential for well-being. Our team can help plan grocery lists, place online orders, and make sure items are safely put away at home. We're also happy to shop alongside your loved one — or run a quick errand when something's needed last-minute.



VEHICLE MAINTENANCE

Reliable transportation is vital, especially in Minnesota's changing seasons. We coordinate with local providers to make sure your loved one's vehicle stays in safe, working order — for errands, appointments, and peace of mind.



APPOINTMENT SUPPORT

We can schedule medical or dental appointments and arrange for transportation. If needed, a Comfort Keepers caregiver can accompany your loved one to provide reassurance, transportation and support throughout the visit.



TECHNOLOGY SUPPORT

Whether it's setting up voice-activated lights or helping a loved one check their email, we work with local tech experts to make technology easier to use. From social media to smart TVs, we help make staying connected feel simple.



TRANSPORTATION SERVICES

We help seniors get where they need to go — safely and on time. Whether that means scheduling a ride or providing transportation through our own care team, we make sure every ride is safe, smooth, and stress-free.



LEGAL SERVICES

When questions about wills, power of attorney, or elder law come up, we connect families with qualified elder law attorneys. Our goal is to help you find the trusted professionals you need to feel confident in your decisions.



FINANCIAL SERVICES

We understand that paying for care can be challenging. That's why we help connect families with local experts in reverse mortgages, insurance, senior benefits, and real estate — people who can help guide you toward smart solutions.



FAMILY CONSULTATION & TRAINING

When health needs change, families often need help understanding how to provide the right care. Our nursing team can meet with you to explain complex conditions and show you how to safely support your loved one at home.



NUTRITIONAL CONSULTATIONS

Our coordinators can schedule time with a trained nutritionist who will design a meal plan tailored to both nutritional needs and personal preferences — because healthy food should still taste good!



PHYSICAL THERAPY SUPPORT

To help clients meet their mobility goals, our nurses work with caregivers on approved exercises like range-of-motion and strength-building routines. We help bring therapy goals to life, right at home.



**Comfort
Keepers®**

We're here to help you or your loved one live well at home.

Call today and speak to a Client Care Coordinator to learn more about how Comfort Keepers can support your journey.